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Awareness into Awareness

Reflections on Reality and the Experience of Realization

Timeless Wisdom

Natural Great Perfection

That Perfection, wherein the world and knowledge thereof rise and set, and which shines without rising and setting, is alone the Reality.

Under whatever name and form one may worship the Absolute Reality, it would only be a means for realising that Perfect Being without name and form. That alone is true realisation, wherein one knows oneself in relation to that Reality, attains peace and realises one's identity with It. Ramana Maharshi

The world is not imperfect or slowly evolving along a long path to perfection. No, it is perfect at every moment; every sin already carries grace within it, all small children are potential old men, all sucklings have death within them, all dying people ... eternal life. Therefore, it seems to me that everything that exists is good -- death as well as life, sin as well as folly. Everything is necessary, everything needs only agreement, my assent, my loving understanding; then all is well with me and nothing can harm me.

Herman Hesse
Siddhartha

We are not waiting, with hope or with fear, for some future evolution of humanity or progress of history, for we know without doubt that the essential completeness, or freedom, longed for by all conscious beings, always exists here and now. Regardless of perceived suffering, there is spiritual plenitude right before our eyes, not only for some elite, but for the people as a whole, for conscious life as a whole. [Lex Hixon](#)

In the depth of our heart,
we already know that
we are perfect as we are,
in the depth of our inner being,
we already know that
life is perfect as it is.

Giten

That is perfect. This is perfect.
Perfect comes from perfect.
Take perfect from perfect, the remainder is perfect.
May peace and peace and peace be everywhere.

Upanishads

To men, some things are good
and some are bad.
But to God, all things are
good and beautiful and just.

Heraclitus

All will be well
And all will be well
And all manner of thing will be well.

Julian of Norwich

All things work together for good.

Unknown

The prime characteristic of cosmic consciousness is an awareness of the shining life and order of the universe.

Sophy Burnham
The Ecstatic Journey:
The Transforming Power
of Mystical Experience

No matter how wrong things seem to be,
they are still all right.

Bill Wilson, Founder
Alcoholics Anonymous

So divinely is the world organized that every one of us,
in our place and time, is in balance with everything else.

Johann Wolfgang von Goethe



"To give without any reward, or any special notice, has a special quality of its own."

- Anne Morrow Lindbergh

"It is the dull man who is always sure, and the sure man who is always dull."

- H. L. Mencken

"I do not want the peace which passeth understanding, I want the understanding which brings peace."

- Helen Keller

"Now I see the secret of the making of the best persons. It is to grow in open air and to eat and sleep with the earth."

- Walt Whitman, Song of the Open Road

"He who postpones the hour of living rightly is like the rustic who waits for the river to run out before crosses."

- Horace (65-8 BC)

"Courage is the price that life exacts for granting peace. The soul that knows it not, knows no loneliness of fear, nor the mountain heights where bitter joy can hear the sound of wings."

- Amelia Earhardt

"The more I learn of physics, the more I am drawn to metaphysics."

- Albert Einstein

"In the depth of our heart, we already know that we are perfect as we are. In the depth of our inner being, we already know that life is perfect as it is."

- Giten

"It all depends on how we look at things, and not on how they are themselves."

- Carl Jung

"One of the advantages of being disorderly is that one is constantly making exciting discoveries."

- A. A. Milne